



5/11/2020

Dear Families,

I hope that you and your children are well and using some of this time at home to explore new things. Being at home for this length of time has taken me to places where I have felt the need to explore ways to release energy in a creative way. The human voice is an instrument that we all carry around with us, and it is an amazing resource to explore and express ourselves. This week I am sending three fun resources for your children to explore their voices. These exercises are fantastic ways to relax and let their voices free within a flexible structure.

Resource #1 is a video, (more targeted for the 4:15 class) called the '[Buzzing flea: vocal warm-up](#)'. It is an enjoyable activity that will give them the opportunity to explore the different parts of their voices.

Resource # 2 is a series of visual cards (please see attachment), that can be used as a vocal warm-up to explore melodic contour.

Resource # 3, which I would encourage you to watch first in order to know how to use them, is a video titled '[Melodic Contour Patterns](#)' from Rob Amchin. This video is a class with older students, but it shows what to do with the visual cards shown below (resource #2), and how to create variations on them! Have a wonderful rest of the week!

Best,
Patricia Espinosa