

Scrapbook

When you are older, you will ask yourself, “What did I even do during the Quarantine?” So why not start a journal that in a few years you can look back on? Decorate your journal with stickers, glitter, or whatever else you want!

Here are some ideas for some entries:



Pick out some News Headers either from newspapers or articles you can print out. Glue them into your journal

- Write a letter to your future self. Tell them what you have been up to, what you are looking forward to doing when things get back to normal.
- Take a photo, polaroid, or draw a picture of those who you are quarantined with.



- What music have you been listening to?
Write down a “Quarantine Playlist” of all your current favorite songs!



- Write about the T.V shows and movies you have watched? What has been your favorite? What have you liked about them? What was your favorite scene?
- Draw the view from your window.



- Write a letter to someone you miss. You can show them the letter when you see them again.

- What recipes have you been learning? What has been your favorite? Glue in a picture!

- Make a time log of a certain day so you can recall what your average day looked like!

- Make a bucket list of everything you want to accomplish during Quarantine.

- What games have you been playing? Write about them! What creative ways have you been spending your time?

- What have you learned during Quarantine? This can be skills or personal growth.

