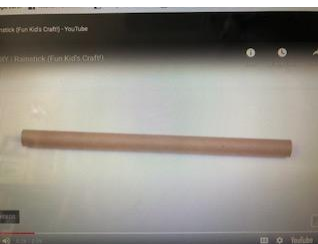


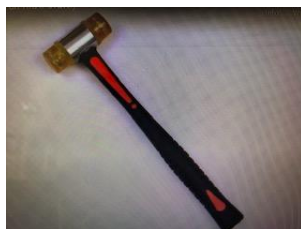
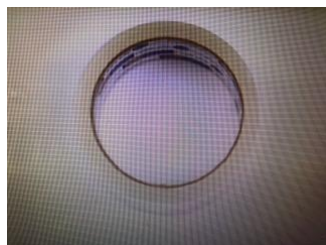


Traditional rain sticks are usually made from various materials found in natural environments. They reflect the needs and resources of the culture from which they arise from. These easy to make rainstick instructions use supplies you may have around your house.

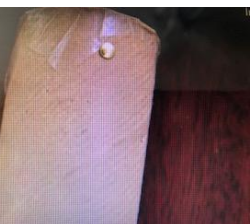


All you will need to get started is an empty cardboard tube, some dry rice or beans, small nails, clear packing tape, and a hammer or mallet.

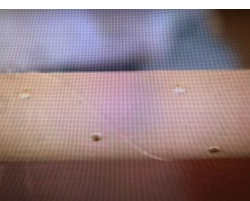
(See note below if you don't have small nails.)

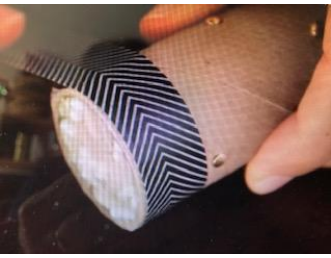


Start with the cardboard tube, which will be the body for the rain stick. I used one from an aluminum foil roll because it's a bit thicker, and more sturdy. First thing is to tape the bottom with some clear packing tape.



Once the end it's capped it's time to add the nails. Place the first one near the top, and hammer it in. Rotate the tube 1/4 turn and place the next one 1/2"-1/4" below the first one. Continue this process all the way down the length of your stick. If your concerned about younger children trying to take the nails out, you can dip them in glue before putting them into the rain stick or cover it with duct tape, wrapping paper, or the inside of a brown paper shopping bag.





Add "Rain" with rice, dried beans, or left over sprinkles using a funnel. Tape off the open end. Decorate using decorative tape, paint, or wrapping paper. Tie on embroidery thread or yarn for a pop of color. Experiment with a variety of objects to make different sounds. You can also use a wrapping paper tube for a larger rain stick.



Additional note: If you don't have small nails, simply roll and scrunch up some aluminum foil and put it inside the tube.

